



# Devon Carers Carers Quotes

**"My Carers Assessment was helpful and felt like a positive experience. It felt relaxed and gave me a chance to stand back and reflect. Staff listened to me really well and if there was something I didn't know they could point me in the right direction. I received paperwork for Carers Alert Card and contingency planning quickly afterwards."**

**"My Carer Support Officer was magic. Now there is light at the end of the tunnel for me. She did exactly what she said she would do. I couldn't ask for more. I really, really, really appreciated what she did"**

**"Thank you for putting me in contact with the peer support group ... it has made a huge difference to my confidence and made me remember I need to take time out from my caring role. Thank you again things are getting along easier and I feel a lot better within myself."**